Welcome to the Fall 2013 edition of the Psychology Department Student Advising Newsletter.

Remember to register for the Psychology 4-Year Advising Sequence

*Double majors ARE required to complete an advising sequence, beginning with the course appropriate to Spring 2014 class standing.
*Internal transfer students do not need to complete PSY 096. They enroll in the appropriate advising program based on class standing at the time of admission to the Department.
*External transfers consult with your advisor to determine which advising sequence to complete (096, 099 minimum requirement.)

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Sophomores should have completed 096 Orientation to Psychology
And should enroll in 097 Exploring the Psychology Major for Spring 2014 if not completed in Fall 2013

Juniors should have completed 097 Exploring the Psychology Major
And should enroll in 098 Exploring the Psychology Profession Spring 2014

Seniors should have completed 098 Exploring the Psychology Profession
And should enroll in 099 Psychology Professional Seminar for Spring 2014 if not completed in Fall 2013

Additional Note:
This spring, 097, 098, and 099 will not meet regularly. Students attend various workshops during the semester to satisfy this advising program’s requirements. All students are welcome to attend any workshops. Starting the 2014-2015 school year, 098 will regularly meet—more information about this change will be available soon.

Class Levels
- Freshmen or 1st Year: 0.00–7.75 earned course units
- Sophomore or 2nd Year: 8.00–15.75 earned course units
- Junior or 3rd Year: 16.0–23.75 earned course units
- Senior or 4th Year: 24.0+ earned course units

For advising resources and information, click here.

You can also check out the FAQ on the HSS website by clicking here.
Advising Tips for Course Registration

*Spring and Summer 2014 Registration is from November 5-15

Steps for enrolling in classes

- **Visit the PAWS Tutorials for TCNJ Students website** for complete information on how to log-in to PAWS, search for classes, browse the Course Catalog, view your Holds, add courses to your Shopping Cart, and register for classes. To view the PAWS Tutorial, click here.

- **View the exact date and time you may register** by visiting the Enrollment Appointment section in the PAWS Student Center. You will be able to view your Enrollment Appointment on Wednesday, October 9th. For step-by-step instructions on viewing your Enrollment Appointment, click here.

- **Check PAWS for any HOLDS that will prevent you from registering.** If there is a hold on your account, resolve the matter prior to your Enrollment Appointment. For the description of holds, click here.

  **Internal and External Transfer students:** an advising hold will be placed on your record for your first semester ONLY to ensure that you meet with your advisor. This hold will be removed during your advising session.

- **Update your Psychology Major Summary Sheet** (indicating courses already taken).

- **Search for Classes and Fill Your Shopping Cart.** The Schedule of Classes is available on PAWS. Prepare for registration week by adding courses to your Enrollment Shopping Cart prior to your enrollment appointment. For instructions on how to use your Enrollment Shopping Cart, click here.

- **Check for Pre-requisite Issues.** You can see if you have met enrollment requirements prior to your enrollment time. The new Validate feature (available in your Shopping Cart) alerts you to any requisite issues that may prevent you from enrolling in a class. For quick tips on using the Validate feature, click here.

- **Resolve Requisite Issues before Registration.** If the Validate feature identifies a potential requisite issue, and you are confident that the requisite was met, contact the Office of Records and Registration for assistance.

- **Meet with your faculty advisor before registering.** Find your advisor in the PAWS Student Center. Sign-up on the sign-up sheets located outside your advisor’s office OR you will receive an e-mail from your advisor to sign up for a meeting. When you meet with your advisor, bring your Psychology Major Summary Sheet, and a list of courses for the upcoming semester.

*Advisees of Dr. Chung, Dr. Kim-Prieto, Dr. Ruscio, Dr. Hughes, and Dr. Borders—Your advisors are on sabbatical/leave for the semester. You can meet with any other faculty member while your advisor is unavailable.*

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**Want to become a Psych Major?**

Submit your application for Fall 2014 semester consideration between **February 10, 2014 and February 22, 2014**

Requirements to apply: minimum overall GPA of 2.0, completed PSY 101 with a C+ or higher grade.

To apply: Read all the instructions and complete the Psychology Major Application found on the psychology department website under “Becoming a Psychology Major”. Click here to view page.
PSY 299-01: Work Flexibility
Dahling, MR 10:00-11:50AM
Prerequisite: PSY 203
This section of Research Seminar will focus on work flexibility, in particular on how men and women approach the decision to take leave from work when they have babies. As a student in this course you will use your experience from PSY121 and 203 to design, carry out, and write an APA-formatted report of an original research project. This course is a prerequisite for upper-level psychology courses, including all 400-level courses. The projects that we conduct will be primarily experimental in design and will require quantitative analysis. Projects will be conducted in groups and will develop around faculty-selected research questions concerning work flexibility. Data will be collected online from working adults with some initial piloting through PIPER. This section of Research Seminar would be most relevant to students with interests in Industrial/Organizational, Social, or Developmental Psychology.

PSY 299-02: Transition to Adulthood
Chung, MR 12:00-1:50PM
Prerequisite: PSY 203
This course examines the key processes of psychological research with a special focus on understanding how civic engagement contributes to well-being during the transition to adulthood (ages 18-25). As a student in this course you will review research and statistical knowledge gained in PSY 121 and 203, and use this knowledge to design, carry out, and write a full-length APA-formatted report of an original research project. This course is a prerequisite for upper-level psychology courses, including all 400-level courses. Projects are correlational in design, and students will utilize quantitative analysis. The topics are student-selected, and students will take part in group projects that use PIPER for data collection. This course would be most relevant to social, clinical-counseling or developmental specializations.

PSY 299-03: Brain Training
Grimm, MR 2:00-3:50PM
Prerequisite: PSY 203
This course examines the key processes of psychological research with a special focus on understanding the conditions necessary for skill transfer. We will examine claims of cognitive skill websites, like Lumosity.com. As a student in this course you will review research and statistical knowledge gained in PSY 121 and 203, and use this knowledge to design, carry out, and write a full-length APA-formatted report of an original research project. This course is a prerequisite for upper-level psychology courses, including all 400-level courses. Projects are experimental in design. Students will utilize quantitative analysis, and take part in group projects. The topics are student-selected within a faculty-selected framework, and students will use PIPER for their data collection. This course would be most relevant to Cognitive, Biological, and Developmental specializations.

PSY 299-04: Social Psychology
Crawford, MR 2:00-3:50PM
Prerequisite: PSY 203
In this research seminar course, students will conduct original research in the area of political psychology. Students will work in 3 groups of roughly 5 students each to develop a research project guided by topics chosen by the instructor. Students may design correlational or experimental studies, and will perform quantitative data analyses. Data will be collected from both PIPER and adult online samples, but may also utilize archival sources. This seminar will be most relevant to students interested in Social psychology; however, students interested in Cognitive, Developmental, or I/O may be able to integrate those topic areas into their research project.

PSY 299-05: Social Development in Young Adulthood
Graham, TF 10:00-11:50AM
Prerequisite: PSY 203
This course examines the key processes of psychological research with a special focus on understanding social factors (e.g., family, ethnicity, socioeconomic status, gender, religion, relationship status) related to development in young adulthood. As a student in this course you will review research and statistical knowledge gained in PSY 121 and 203, and use this knowledge to design, carry out, and write a full-length APA-formatted report of an original research project. This course is a prerequisite for upper-level psychology courses, including all 400-level courses. Projects are both correlational and experimental in design. Students will utilize quantitative analysis, and take part in group projects. The topics are student-selected, and students will use PIPER for their data collection. This course would be most relevant to Developmental, Clinical-Counseling, or Social specializations.

PSY 299-06: Maladaptive Cognitions
Borders, TF 2:00-3:50PM
Prerequisite: PSY 203
This course examines the key processes of psychological research, with a special focus on understanding factors that contribute to individuals’ tendency to engage in worry and rumination. As a student in this course, you will review research and statistical knowledge gained in PSY 121 and 203 and use this knowledge to design, carry out, and write a full-length APA-formatted report of an original research project. This course is a prerequisite for upper-level psychology courses, including all 400-level courses. Projects are both correlational and experimental in design. Students will utilize quantitative analysis to analyze student-selected research projects. This course is most relevant to clinical-counseling and social specializations.
PSY 311: Sensation and Perception  
Bireta, MR 10-11:50AM  
**Prerequisite:** PSY 101  
The basic structure and function of the sensory systems are examined and related to our experience of the world. Topics include anatomy and physiology of sense organs, perception of color, form, movement, space, sound, and illusions, perceptual development, and perceptual motor coordination.

PSY 316 - Applied Behavioral Analysis  
Staff, R 5:30-8:20PM  
**Prerequisite:** PSY 121  
Provides a foundation in behavior analytic theory and explores how behavior analytic principles are applied to the treatment of such disorders as autism, anxiety disorders, and developmental disabilities. Emphasis will be placed upon experimental design and data collection in applied settings.

PSY 343: Behavior Pharmacology of Drug Use  
D’Amore, W 5:30-8:20PM  
**Prerequisite:** PSY 212  
Explores the pharmacological and behavioral events with several drugs of abuse including cocaine, nicotine, alcohol, opiates, hallucinogens, and caffeine, as well as other drugs such as inhalants and ecstasy.

PSY 346: Cognitive Neuroscience  
Leynes, M 5:30-8:20 PM  
**Prerequisite:** PSY 212  
Cognitive neuroscience blends the study of behavior (psychology) with the study of the brain (neuroscience). The purpose of this course is to introduce students to this field of inquiry, and we will investigate the role of the brain in behaviors, such as perception, attention, memory, learning, planning, abnormal behavior, and other higher order cognitive activities. The course will be primarily student-driven through the presentation of primary source readings of all kinds, but we will also discuss background readings in order to direct students’ independent thinking. We will also use the Internet to examine the current activities of the major cognitive neuroscience labs; thus, students will be exposed to ideas and people involved in this rapidly developing field. This course counts as a specialized course for the Biopsychology and Cognitive concentrations. Because it is likely to be relevant to other concentrations, please check with your advisor in order to see if it counts for another concentration. If you are interested or have questions about the course, then please see Dr. Leynes (SB 125; leynes@tcnj.edu).

PSY 350: Psychology of Women  
Bryndelsen, M 5:30-8:20PM  
**Prerequisite:** PSY 121  
Examines the psychology of women in light of biological, social, and cultural influences. A variety of psychological theories and re-search findings will be explored to study the development and behavior of women in various social contexts.

PSY 365: Consumer Behavior  
Becker TF 10:00-11:50AM; TF 12:00-1:50PM  
**Prerequisite:** PSY 101 or SOC 101 or MKT 201  
Explores basic psychological principles (e.g., learning, memory, perception, attitudes, and motivation) as well as sociological and anthropological concepts (e.g., demographics, group dynamics, cultural influences) in relation to consumption processes and activities used by marketers and public policy actors to influence consumer behavior. Cross listed with MKT 365.

PSY 370: Developmental Seminar: Children and the Media  
Dr. Graham TF 12:30-1:50PM  
**Prerequisites:** PSY 121 and PSY 220  
This course is designed to introduce students to theory & research on children's media use. The primary focus of the course will be on the psychological impact of the media on children & adolescents, but other areas such as communication, education, political science, & law & justice will be explored. The course is organized in a topical format, exploring the basic theories of the media & tracing development for children & adolescents within each topic. We will examine topics such as advertising, violence, health, sexuality, drugs, music, electronic games, the Internet, & media literacy. The course is designed so that both the professor & students lead class discussions. Students will generate thought questions, provide additional readings for the class, & develop a collaborative media project.

PSY 370: Developmental Seminar: Racial Attitudes  
Hughes, MR 12:30-1:50PM  
**Prerequisites:** PSY121 and PSY220  
This course is an advanced introduction to the psychological study of children’s and adolescents’ racial attitudes. The central goal of this course is to introduce students to the developmental psychological factors responsible for the emergence of racial stereotypes and the consequences of this emergence. A heavy emphasis will be placed on understanding the major theoretical perspectives on the acquisition of racial attitudes. We will also carefully examine what is known about the effects of individuals’ racial attitudes on their social behaviors, vocational goals, memory, and other outcomes. A section will also be devoted to racial attitude change.

PSY 372: Counseling and Clinical Seminar: CBT  
Krauss, W 9:00AM-11:50AM  
**Prerequisites:** PSY 121, and PSY 216 or PSY 217  
The seminar will provide students with the opportunity for in-depth study of a specific topic within counseling and clinical psychology. The topic will vary across semesters. Students may repeat the seminar as topics change.

PSY 373: Counseling and Clinical Seminar: Mental Health and Poverty  
Chung, W 9:00-11:50AM  
**Prerequisites:** PSY 121, and PSY 216 or PSY 217  
For decades, researchers have documented a close association between factors associated with poverty and mental ill-health; depression, for example, is twice as common among the poor as among the rich. The best evidence suggests that the relation between poverty and mental illness is cyclical: poverty increases the risk of mental disorders and having a mental disorder increases the risk of descending into poverty. This seminar will introduce students to explanations of this complex negative cycle and evidence-based interventions aimed at improving the various social, financial, and psychological problems associated with mental ill-health. Learning activities will be primarily student-driven and involve a community-engaged component (students and professor will work with a Trenton partner to identify and address a community issue).

PSY 373: Counseling and Clinical Seminar: Children and the Media  
Dr. Graham TF 12:30-1:50PM  
**Prerequisites:** PSY 121 and PSY 220  
This course is designed to introduce students to theory & research on children's media use. The primary focus of the course will be on the psychological impact of the media on children & adolescents, but other areas such as communication, education, political science, & law & justice will be explored. The course is organized in a topical format, exploring the basic theories of the media & tracing development for children & adolescents within each topic. We will examine topics such as advertising, violence, health, sexuality, drugs, music, electronic games, the Internet, & media literacy. The course is designed so that both the professor & students lead class discussions. Students will generate thought questions, provide additional readings for the class, & develop a collaborative media project.
PSY 375: Seminar in Social Psychology: Happiness and Adjustment
Cascio, MR 2:00-3:20 PM
Prerequisites: PSY 121 & 1 foundation course
Can happiness be quantified? What causes happiness? Is it good to be happy? This seminar will provide students with a comprehensive and critical introduction to the scientific study of happiness. Topics include but are not limited to: measurement issues, potential antecedents (e.g., genes, social support, income), as well as consequences, of being happy.

PSY 383: Counseling & Clinical Field Experience
Hall, TF 2:00-3:20PM
Prerequisites: PSY 216, PSY 217
Field experience in a mental health setting, with classroom supervision of the clinical activities. Students in the counseling-clinical specialization will integrate knowledge from various courses as they apply concepts in a clinical setting. Both an appropriate piece of written work and an oral presentation to the class will be required. Faculty approval of each placement is necessary.

PSY 386: Psychological Testing
Kirnan, MR 10:00-11:20AM
Prerequisite: PSY 121
An introduction to theoretical, practical, and ethical issues in psychological testing and measurement. Psychometric principles such as reliability, validity, and utility will be examined in the context of selecting the most appropriate assessment instruments to inform decision making. The development and psychometric properties of widely-used intelligence, achievement, personnel, and clinical/personality tests will be discussed.

PSY 375: Seminar in Social Psychology: Happiness and Adjustment
Cascio, MR 2:00-3:20 PM
Prerequisites: PSY 121 & 1 foundation course
Can happiness be quantified? What causes happiness? Is it good to be happy? This seminar will provide students with a comprehensive and critical introduction to the scientific study of happiness. Topics include but are not limited to: measurement issues, potential antecedents (e.g., genes, social support, income), as well as consequences, of being happy.

PSY 419: History of Psychology
Staff, M 5:30-8:20 PM
Prerequisites: PSY 299
This course will consider how psychology’s goals, methods, and beliefs have evolved throughout its history. As a senior experience, this course will allow students to integrate experiences from various areas of the discipline, to analyze and evaluate psychology’s past and to make recommendations for its future.

PSY 470: Behavioral Economics
Dr. Ruscio TF 10:00-11:20AM
Prerequisite: PSY 299
Economics deals with the problem of how to allocate scarce resources to their most highly-valued uses, and economic theory usually assumes that people make decisions that maximize their rational self-interest. Psychological research demonstrates that under many circumstances, however, our decisions can be influenced by factors including cognitive limitations and biases. The relatively new field of behavioral economics provides insight into circumstances in which these factors adversely affect real-world decisions. We will discuss principles such as loss aversion, framing effects, mental accounting, the status quo bias, the endowment effect, and the sunk cost fallacy. We will apply these principles to a wide range of issues and analyze the implications of advice that behavioral economists offer to improve decision making. It is easy to see that when people are free to make their own choices, some choices are made badly. What, if anything, should be done about this? Answering this question requires a thoughtful consideration of how the relevant science (e.g., theory and data on cause and effect) helps us to achieve specified goals (e.g., improving health, wealth, and well-being) in the context of important values (e.g., liberty, equality).

PSY 470: Psychology of Immigration
Wiley, TF 2:00-3:50PM
Prerequisites: PSY 299
Over two hundred million people live outside the country in which they were born. In the United States, nearly one out of every four people was either born in another country or is the child of someone who was. In the class, we will study the psychology behind these astonishing statistics. We will learn how immigrants come to understand themselves and their place in their adopted country, including the impact of immigration on identity, political engagement, academic achievement, and health and well-being. We will also learn how people in the host country receive immigrants, including the causes of pro- and anti-immigrant attitudes.
PSY 121: Methods and Tools of Psychology
Kim-Prieto, MTWR 9:00-12:15 PM—Maymester/Mini Session
Prerequisite: PSY 101
Psychology Core Course. Encourages students to ask and answer questions from a psychological perspective. It is an experiential course in which students focus on critically evaluating knowledge in psychology. Students will learn to appreciate the strengths as well as to understand the limitations, of various research methodologies. Students will read research articles, create hypotheses, collect and interpret data, and learn how to present results in APA style.

PSY 203: Design and Statistical Analysis
Crawford, TWR 3:00-5:45PM—Summer B
Prerequisite: PSY 121
Psychology Core Course. The purpose of this course is to bridge basic knowledge of scientific inquiry, gained through 'Methods and Tools', and more complex applications of scientific inquiry, which is the major goal of 'Research Seminar'. This course will provide knowledge of basic designs, design issues, data analysis including theoretical and practical knowledge, and communication/interpretation of results.

PSY 213: Learning and Memory
Leynes, MTWR 9:00-12:15 PM—Maymester/Mini Session
Prerequisite: PSY 101
Psychology Foundation Course. Applies the principles of learning and memory to behavioral change in animal and human situations. Following the course, students will be prepared to conduct group research and to prepare reports on topics that pertain to learning and memory, as well as to explore more specific topics in courses including Cognitive Seminar, Memory, and Applied Behavior Analysis.

PSY 214: Cognitive Psychology
Grimm, MTWR 9:00-12:15 PM—Maymester/Mini Session
Prerequisite: PSY 101
Psychology Foundation Course. This course introduces students to cognitive science. Major topics include the neural basis of cognitive processes, the nature of consciousness, visual pattern recognition, attention, memory acquisition, encoding and retrieval errors, associative networks, semantic knowledge, language, decision-making, and problem solving.

PSY 299: Memory in Younger and Older Adults**
Bireta, TWR 1:00-2:45 PM—Summer “S” (June 3 - July 24)
Prerequisite: PSY 203
This research seminar will focus on memory and aging: how does our memory change as we age, and why does it change? You will learn how to design, conduct, analyze, write up, and present a psychological experiment, gaining some experience with collaborative research, while still retaining individual ownership over your final project. We will develop and refine research ideas together as a class. Then, you will conduct an experiment together with a small group of students. You will analyze your data and write up a research report in APA style on your own. Finally, you will present your project to your peers. The course relies heavily on what you learned in Methods & Tools of Psychology (PSY 121) and Design & Statistical Analysis (PSY 203).

PSY 371: Cognitive Seminar: Memory Across the Lifespan
Bireta, MTWR 9:00AM-12:15PM—Maymester/Mini Session
Prerequisite: PSY 214
This course will introduce students to a variety of issues relating to memory & its functioning as well as developmental issues pertaining to memory functioning. We will explore basic memory issues such as capacity (how much can you remember?), influences on memory (what determines whether or not we will remember something?), the reconstructive nature of memory (memory as a puzzle to be assembled), processes involved in memory formation & retrieval (how exactly does memory work?), & memory assessment (how do you evaluate memory?). We will examine how memory changes across the lifespan from infancy to late adulthood (how does memory change as we develop and why?). Prerequisite: PSY 214 (Cognitive Psychology).
PSY 371: Cognitive Seminar: Neuroscience of Memory
Bireta, MTW 8:00-10:45 AM—Summer A

Prerequisite: PSY 214

Cognitive neuroscience blends the study of behavior (psychology) with the study of the brain (neuroscience). This course will focus on the neural structures involved in remembering. Collectively, we will read several theoretical and empirical papers on the topic. The course will have a strong student component because students will select many of the readings and lead our class discussions. We will also use the Internet to examine the current activities of some cognitive neuroscience labs; thus, students will be exposed to ideas and people involved in this rapidly developing field. This course counts as a specialized course for the Biopsychology and Cognitive specializations. Because it is likely to be relevant to other concentrations, please check with your advisor in order to see if it counts for another concentration.

PSY 373: Counseling and Clinical Seminar: Mindfulness
Borders, MTW 1:00-3:45PM—Summer A

Prerequisites: PSY 121, and PSY 216 or PSY 217

Originating from Eastern spiritual traditions, mindfulness and meditation have long histories of influencing Western psychology. This course will explore what scientific methods have taught us about the effects of mindfulness and meditation on the brain, body, thoughts, emotion, and behavior. Students will also meditate in class and be asked to start a meditation practice of their own outside of class.

400-Level Course

PSY 470: Clinical Applications of Biopsychology
Dr. Ruddy MTR 8:00-10:45 AM—Summer A

Prerequisite: PSY 299

In this senior experience, students will discuss recent articles and write literature reviews that relate biopsychology (especially neurotransmitters and hormones) to individual differences and clinical disorders. Both contributing factors and treatment alternatives will be considered. While students with Counseling/Clinical and Biopsychology background may be particularly interested in this seminar, it is not necessary to be specializing in either of these areas.