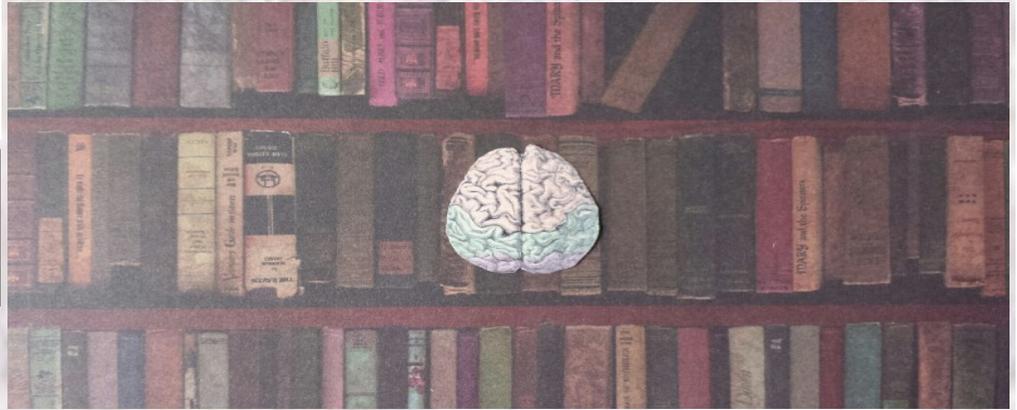




For FALL 2020 /  
WINTER 2021



# SPRING 2020 ADVISING NEWSLETTER

## PSYCHOLOGY DEPARTMENT THE COLLEGE OF NEW JERSEY

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### RESOURCES:

[Click here](#) for advising resources and information from the Psychology Department.

[Click here](#) for the Advising for Students School of Humanities & Social Sciences resource.

[Click here](#) for more information on 09x events throughout the semester.

SOCIAL SCIENCES

BUILDING

**ROOM 109**

2000 PENNINGTON RD  
EWING, NJ 08628

ONLINE





# Advising Tips for Course Registration

## Fall and Winter Registration is April 7th—April 17th

### Advising Tip Sheet:

- Forget the requirements for the major? [This website](#) has an outline of all the major requirements.
- If you are a dual/double major, you have different liberal learning requirements. Check the [Liberal Learning website](#) for more details.
- If you are interested in learning more about a specialization, [check out this website](#) to see each specialization's requirements.
- Interested in research? Check out the ELOPsy pages on the website to learn about different research opportunities within the department. There are separate pages for [collaborative research \(labs\)](#), [internships](#) (including information on internships held by previous students), [learning assistantships](#), [independent study/research](#), and [senior honors thesis](#).
- The psychology department houses several clubs you can join! If you are interested in joining Psych Club, email [psychclub@tcnj.edu](mailto:psychclub@tcnj.edu) for more info! Or, you can join the Psychology Student Advisory Board. For more information on the Advisory Board, email [mccaddek@tcnj.edu](mailto:mccaddek@tcnj.edu).
- The department hosts and promotes various events throughout the semester! Even if you're enrolled in PSY 97 or 99, all students are welcome to attend! Check [the department calendar](#) for a listing of the events. Note that events are added throughout the semester.

## Want to Become a Psychology Major?

### Submit your application September 10th—September 22nd

Requirements: Minimum overall GPA of 2.0; completion of PSY 101 with a C+ or higher grade.

How to apply: Read all the instructions and complete the Psychology Major Application found on the Psychology Department website under "[Becoming a Psychology Major](#)".

Psychology Minor: You can fill out a minor form at any time during the semester. [Click here](#) for instructions on applying for a minor. *Don't wait until the last minute to complete your minor form!*





# Advising Tips for Course Registration

## Steps for Enrolling in Classes

- ◆ **Visit the PAWS tutorials for TCNJ students website** for complete information on how to log-in to PAWS, search for classes, browse the Course Catalog, view your Holds, add courses to your Shopping Cart, and register for classes. To view the PAWS Tutorial, [click here](#).
- ◆ **View the exact date and time you may register** by visiting the Enrollment Appointment section in the PAWS Student Center. For step-by-step instructions on viewing your Enrollment Appointment, [click here](#).
- ◆ **Check PAWS for any HOLDS that will prevent you from registering.** If there is a non-advisor hold on your account, resolve the matter prior to your Enrollment Appointment. For the description of holds, [click here](#).
- ◆ **Internal and external transfer students:** An advising hold will be placed on your record for your first semester ONLY to ensure that you meet with your advisor. This hold will be removed during your advising session.
- ◆ **Update your [Psychology Major Summary Sheet](#)** (indicating courses already taken).
- ◆ **Search for classes and fill your shopping cart.** The Schedule of Classes is available on PAWS. Prepare for registration week by adding courses to your Enrollment Shopping Cart prior to your enrollment appointment. For instructions on how to use your Enrollment Shopping Cart, [click here](#).
- ◆ **Check for pre-requisite issues.** You can see if you have met enrollment requirements prior to your enrollment time. The new Validate feature (available in your Shopping Cart) alerts you to any requisite issues that may prevent you from enrolling in a class. For quick tips on using the Validate feature, [click here](#).
- ◆ **Resolve requisite issues before registration.** If the Validate feature identifies a potential requisite issue, and you are confident that the requisite was met, contact the Office of Records and Registration for assistance.
- ◆ **Meet with your faculty advisor before registering.** Find your advisor in the PAWS Student Center. Sign-up on the sign-up sheets located outside your advisor's office OR you will receive an e-mail from your advisor to sign up for a meeting. When you meet with your advisor, bring your **Psych Major Summary Sheet**, and a **list of courses** for the upcoming semester.
- ◆ **Interested in participating in a lab?** Check [the listings online](#) to see what labs are accepting applications. After you have [read about the Collaborative Research course](#) on the website, [click here](#) to apply.

# Advising Sequence

## Fall 2020

### Remember to register for the Psychology 4-Year Advising Sequence

- \*Double majors and dual majors **ARE** required to complete the advising sequence
- \*Internal transfer students **do not** need to complete PSY 96. Enroll in the appropriate advising course based on class standing at the time of admission to the Department.
- \*External transfer students should consult with their advisor to determine which advising courses to complete (PSY 96, 99 minimum requirement).  
[Click here to learn more about which advising course to enroll in](#)

<p><b>Rising Sophomores</b> should have completed <b>PSY 96</b> and should enroll in <b>PSY 97 for Fall 2020 or Spring 2021</b> <i>(see note about PSY 97 below)</i></p>	<p><b>Rising Juniors</b> should have completed <b>PSY 97</b> and should enroll in <b>PSY 98 for Fall 2020 or Spring 2021</b> <i>(see note about PSY 98 below)</i></p>	<p><b>Rising Seniors</b> should have completed <b>PSY 98</b> and should enroll in <b>PSY 99 for Fall 2020 or Spring 2021</b></p>
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PSY 97 and PSY 99 **do not** meet regularly.

Students attend various workshops during the semester to satisfy this advising program's requirements. **All students are welcome to attend any workshops.**

**98 meets regularly as a quarter class.**

**Students who anticipate an especially busy or difficult junior year** (for example: Education dual majors who will be student teaching in their junior year, or students studying abroad), **should plan to take PSY 98 in their sophomore year and PSY 97 in their junior year.**

#### Class Levels

Freshmen or 1st Year: 0.00–7.75 earned course units  
Sophomore or 2nd Year: 8.00–15.75 earned course units  
Junior or 3rd Year: 16.0–23.75 earned course units  
Senior or 4th Year: 24.0+ earned course units

For advising resources and information, [click here](#).

You can also check out the FAQ page on the HSS website by [clicking here](#).



# Research Seminar Courses

Fall 2020

## **PSY 299-01: Language and Therapeutic Change**

**Vivona, TF 3:30 PM-5:20 PM**

Prerequisite: PSY 203

Psychotherapy involves talking and listening. What is it about language that allows these activities to be therapeutic? We will investigate the processes of language that allow people to understand their experiences in new ways and to make therapeutic changes in their thinking, emotions, and behaviors.

**DESIGN:** Experimental, Correlational

**ANALYSIS:** Quantitative

**PROJECT STYLE:** Individual projects, group data collection

**TOPIC SELECTION:** Student choice within course topic

**DATA SOURCE:** PIPER

**SPECIALIZATION FIT:** Most relevant to Counseling & Clinical and Cognitive, but open to all.

## **PSY 299-03: Memory**

**Leynes, MR 3:30 PM-4:50 PM**

Prerequisite: PSY 203

In this course, we will attempt to replicate a memory study. We will work as a group to collect and analyze data. Student will get experience with experimental methods used to investigate memory.

**DESIGN:** Experimental

**ANALYSIS:** Quantitative

**PROJECT STYLE:** Group data collection

**TOPIC SELECTION:** Instructor selects (but there might be student input)

**DATA SOURCE:** PIPER

**SPECIALIZATION FIT:** Most relevant to Cognitive

## **PSY 299-02: Maladaptive Cognitions**

**Borders, MR 2:00 PM-3:20 PM**

Prerequisite: PSY 203

We will be exploring the effects of particular coping strategies on efforts to improve society and clinical symptoms. We will work together to collect and analyze data.

**DESIGN:** Experimental

**ANALYSIS:** Quantitative

**PROJECT STYLE:** Group data collection

**TOPIC SELECTION:** Instructor selects

**DATA SOURCE:** PIPER and/or online

**SPECIALIZATION FIT:** Most relevant to Counseling & Clinical and Social, but open to all.

## **PSY 299-04: Decision Making**

**Ruscio, TF 11:00 AM-12:20 PM**

Prerequisite: PSY 203

What factors influence the choices we make? How accurate are our judgments? Do we hold appropriate levels of confidence in our beliefs? What can be done to help us cope with our cognitive limitations and biases to make better decisions? This course will examine theory and research related to the psychology of decision making. After we review the field broadly, we will choose a topic to explore in depth through a class-wide research study.

**DESIGN:** Correlational and/or experimental (depends on research questions)

**ANALYSIS:** Quantitative

**PROJECT STYLE:** Group project

**TOPIC SELECTION:** Student-selected topic

**DATA SOURCE:** Online/non-TCNJ sample

**SPECIALIZATION FIT:** Students from all specializations



Lake Sylva

[\(Instagram, 5/9/18\)](#)



# Research Seminar Courses

Fall 2020

## **PSY 299-05: Decision Making**

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**DESIGN:** Correlational and/or experimental (depends on research questions)

**ANALYSIS:** Quantitative

**PROJECT STYLE:** Group project

**TOPIC SELECTION:** Student-selected topic

**DATA SOURCE:** Online/non-TCNJ sample

**SPECIALIZATION Fit:** Students from all specializations are welcome

## **PSY 299-06: Racial Identity Development**

**Onyewuenyi MR 8:00 AM-9:20 AM**

Prerequisite: PSY 203

This course will examine questions about racial identity development. Special focus will be on adolescence and emerging adulthood, Black racial and ethnic identity development, discrimination, and academic achievement. Although we will not collect data that we will analyze, we will practice data collection.

**Design:** Correlational

**Analysis:** Quantitative

**Project style:** Group Project

**Topic Selection:** Faculty-directed topic

**Data source:** Archival

**Specialization Fit:** Developmental, Social

**QUESTIONS?**

**CALL THE OFFICE AT:**

**609.771.2485**



Student Advisory Board  
members , Spring 2020

Instagram (2/19/2020)

# Specialized Courses

Fall 2020

## **PSY 311: Sensation and Perception**

**Bireta, MR 11:00 AM-12:20 PM**

Prerequisite: PSY 101

The basic structure and function of the sensory systems are examined and related to our experience of the world. Topics include anatomy and physiology of sense organs, perception of color, form, movement, space, sound, and illusions, perceptual development, and perceptual motor coordination.

## **PSY 321: Child Social & Personality Development**

**Graham, TF 11:00 AM-12:20 PM**

Prerequisite: PSY 121 & PSY 220

This course examines significant issues in social and emotional development. This course is designed to give students a thorough grounding in developmental theories describing children (1) abilities to interact and form relationships with others; and (2) their emotional lives. Empirical results from eclectic theoretical and methodological perspectives also will be emphasized.

## **PSY 331: Clinical Psychology**

**Krauss, W 8:00 AM-10:50 AM**

Prerequisites: PSY 216 and PSY 217

Introduction to common clinical methods of personality assessment and diagnosis. Emphasis on the most common therapeutic theories and techniques.

## **PSY 338: Sport Psychology**

**Schweighardt, T 5:30 PM- 8:20 PM**

Prerequisite: PSY 101

The purpose of this course is to understand the psychological components of sport and exercise in order to become a more effective competitor and/or to become more consistent in one's exercise program. In addition, the course addresses the psychosocial aspects (e.g., group cohesion, gender and racial differences, team vs. individual sports) and the health aspects of sport and exercise (e.g., burnout, recuperating from injuries, athletes with asthma or diabetes, etc.). Each student works with an athlete or an individual who exercises to enhance the mental aspect of that person's performance.

## **PSY 339: Personality Disorders**

**Zamel, R 5:30 PM-8:20 PM**

Prerequisite: PSY 216 or PSY 217

This seminar provides a comprehensive overview of DSM-V personality disorders. The symptoms and impacts associated with each of the ten disorders are reviewed, as well as current research pertaining to their potential causes. Effective intervention strategies for each disorder are identified. A contextual approach to mental health and illness is encouraged throughout the seminar. Individual-and group- level variables are upheld as integral parts of the diagnostic equation. Students are encouraged to develop an awareness of the socio-cultural realities impacting diagnostic criteria, as well as clinician biases in the diagnostic process. This course is most appropriate for advanced undergraduate students in psychology who are interested in furthering their knowledge and skills in clinical assessment and intervention.

EMAIL THE DEPARTMENT:

[PSYCDEPT@TCNJ.EDU](mailto:PSYCDEPT@TCNJ.EDU)



# Specialized Courses

Fall 2020

## **PSY 343: Behav Pharm Drug Abuse**

**D' amore, TF 3:30 PM-4:50 PM**

Prerequisite: PSY 212

Explores the pharmacological and behavioral events with several drugs of abuse including cocaine, nicotine, alcohol, opiates, hallucinogens, and caffeine, as well as other drugs such as inhalants and Ecstasy.

## **PSY 350: Psychology of Women**

**Section 01: Lambing, M 5:30 PM-8:20 PM**

**Section 02: Fogg, T 5:30 PM-8:20 PM**

Prerequisite: PSY 121

Examines the psychology of women in light of biological, social, and cultural influences. A variety of psychological theories and research findings are explored to study the development and behavior of women in various social contexts.

## **SY 363: Psychology of Ethics**

**Kirnan, MR 8:00 AM-9:20 AM**

Prerequisite: PSY 101 or MGT 201

While many courses have an ethical component, they tend to be restricted in topic (research, workplace, client) and focus, they are prescriptive in nature, telling students what they should and should not do. This course moves beyond prescriptive to a descriptive study of ethics, examining ethics as human behavior and not a value system. Thus, we apply many concepts learned in other courses (learning theory, motivation, developmental models) to enhance our understanding of ethical and unethical behavior.

## **PSY 364: Industrial Psychology**

**Dahling, TF 2:00 PM-3:20 PM**

Prerequisite: PSY 101

Introduces students to the content areas of industrial psychology and the application of psychological theory to organizational issues. Topics include employment law, job analysis, recruitment and selection, training, performance appraisal and discipline, employee motivation, and workplace safety. Using an applied approach, this course will help prepare students for their roles as employees and managers.

## **PSY 365: Consumer Behavior**

**Section 01: Wheeler, M 5:30 PM-9:20 PM**

**Section 02: Wheeler, R 5:30 PM-9:20 PM**

Prerequisite: PSY 101 or SOC 101 or MKT 201

*Combined section with MKT 365*

Students will learn to apply basic social science principles and theories to an understanding of the behavior of consumers. Basic psychological principles (e.g., learning, memory, perception, attitudes, and motivation), as well as sociological and anthropological concepts (e.g., demographics, group dynamics, cultural influences), are explored and examined in relation to consumption processes and activities used by marketers and public policy actors to influence consumer behavior.



Student presenting research at the inaugural psychology COSA

(Instagram, 12/6/19)





# Specialized Courses

Fall 2020

## **PSY 373-01: Counseling and Clinical Seminar**

### ***Psychotherapy Process***

**Herres, MR 11:00 AM-12:20 PM**

Prerequisites: PSY 121, and PSY 216 or PSY 217

Although treatment outcome research shows abundant support for the efficacy of psychotherapy for mental health disorders over doing nothing, treatment response varies with many individuals showing little to no improvement in symptoms. This course will expose students to psychotherapy process research, which attempts to identify for whom treatments work best (i.e., moderators of treatment outcome), as well as mechanisms through which treatments have their effect (i.e., mediators of treatment outcome).

## **PSY 373-02: Counseling and Clinical Seminar**

### ***Forensic Psychology***

**Reeves, W 5:30 PM-8:20 PM**

Prerequisites: PSY 121, and PSY 216 or PSY 217

This course will explore the interface of psychology and law from both a research and clinical perspective. The course content will focus primarily on the role of the psychologist in the criminal justice system, from pre-adjudication to post-incarceration assessment and treatment. Additional roles of psychologists in the civil and family court systems will be explored. A developmental perspective on the etiology of criminal behavior and violence will be explored. Lessons learned from the socio-cultural study of crime and violence will be discussed in terms of implications for future public policy. Legal and ethical issues that face both the clinician and legal counsel are addressed. While we will relate the topics discussed in the text to current news-worthy cases in the media, we will not be discussing the latest episodes of television crime dramas. This course is intended to help prepare students interested in pursuing advanced study and careers in forensic mental health and the law.



# Specialized Courses

Fall 2020

## **PSY 375: Social Seminar**

### ***Social Identity***

**Wiley, MR 2:00 PM-3:20 PM**

Prerequisites: PSY 121 and one foundation course

Poet John Donne wrote that “No man [sic] is an island.” Indeed, social psychologists have documented how people derive meaning and value from the multiple, intersecting groups to which they belong and how these groups influence basic psychological processes like perception and categorization, as well as important life domains, including school, work, health, and politics. In this senior seminar, we will explore the major theories of social groups in social psychology, examining the factors that shape people’s social identities, the different forms these identities can take, and the consequences of social identities human thought, feeling, and behavior.

## **PSY 376: Psychology Seminar**

### ***Masculinities***

**Gall, R 5:30 PM-8:20 PM**

Prerequisites: PSY 121

This course will explore the psychological and social development of boys and men, as well as the construct of masculinity. Topics explored will include how masculinity is formed and performed and the effects of masculinity on health, work/academics, and interaction. Course readings will cover both development and effects and assignments will create opportunities for students to explore this construct both academically and experientially.

## **PSY 398: Counseling Clinical Field Experience Seminar**

**Vivona, TF 2:00 PM-3:20 PM**

Prerequisites: PSY 217

This course involves two components: an individual field placement (internship) and regular class meetings. At the field placement, students provide direct services and/or support the work of mental health professionals under the guidance of a site supervisor. During class meetings, students share their individual field experiences, and explore common and unique challenges of counseling and clinical work. Assignments are designed to build practical skills and foster integration of academic and experiential learning. Taking this course will help you decide whether a career in the helping professions is right for you. It also provides skills and knowledge that are viewed favorably by potential employers and graduate programs. This course meets the field experience requirement of the Counseling & Clinical Specialization, and is strongly recommended for students in that specialization. However, the course is open to all students.



# 400-Level Courses

## Fall 2020

**PSY 470-01: Senior Topics Study Group**  
***Women's Reproductive Health***  
**Barnack-Tavlaris, MR 12:30 PM-1:50 PM**  
Prerequisite: PSY 299

This senior topics course is designed to examine issues related to women, gender, and reproductive health, from a biopsychosocial perspective. Students will learn to evaluate and discuss the literature and various theoretical perspectives. Examples of topics include pregnancy, birth, menstruation, and infertility. These topics will be explored across the lifespan and across various cultural contexts. Students will develop their scientific writing and skills through intensive writing assignments.

Psi Chi  
members at  
the 2018  
Induction



Student receiving  
Psi Chi Member of  
the Semester  
Award, Fall 2019



Students, faculty, and dogs  
socialize at the Psychology  
Department's first Community  
Building event, Spring 2020



# Fall 2020 Research Lab Recruitment

Lab	Professor	Notes/Special Request
Alcohol Lab	Dr. Martinetti	
Clinical Outcomes and Processes (COP)	Dr. Borders	
Cognitive Development Lab	Dr. Stahl	
Emotion Lab	Dr. Kim-Prieto	Not Recruiting Students for Fall 2020
ERP Lab	Dr. Leynes	
Identity Development across the African Diaspora	Dr. Onyewuenyi	
Infant/Child Lab	Dr. Ruddy	
Memory and Aging Lab	Dr. Bireta	
MISC Lab	Dr. Grimm	
Organizational Psychology Lab	Dr. Dahling	
Political Psychology Lab	Dr. Crawford	
Psychodynamic Lab	Dr. Vivona	Enjoy reading , writing, and thinking about complex ideas
Quantitative Psychology Lab	Dr. Ruscio	
REACH Lab	Dr. Chung	
Reactivity Lab	Dr. Herres	
Reproductive and Sexual Health Lab	Dr. Barnack-Tavlaris	
Romantic Relationships Research Lab	Dr. Feiring	
Social Change and Collective Identity Lab	Dr. Wiley	Recruiting all students, especially interested in students with Spanish speaking skills
Social and Emotional Development Lab	Dr. Graham	
TAP Lab	Dr. Kirnan	Minimal Recruitment

For more information and to apply, [click here](#).



# Winter 2021 Courses

## PSY 101: General Psychology

Bireta, R 1:00 PM—4:15 PM

*Blended course*

Psychology Core Course. Introduction to major topics in psychology, including biopsychology, development, cognition, counseling-clinical psychology, social psychology, and psychology in industrial/organizational settings.



Dr. Bireta  
and Roscoe

[Twitter,](#)  
[4/24/18](#)

*stay in touch!*

<http://psychology.tcnj.edu/>