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RESOURCES:

Click here for advising resources and information from the Psychology Department.

Click here for the Advising for Students School of Humanities & Social Sciences resource.

Click here for more information on 09x events throughout the semester.
Spring and Summer Registration is November 03 to November 13

Advising Tip Sheet:

- Forget the requirements for the major? The website has an outline of all the major requirements.
- If you are a dual/double major, you have different liberal learning requirements. Check the Liberal Learning website for more details.
- If you’re interested in learning more about a specialization, check out the website to see each specialization’s requirement.
- Interested in research? Check out the ELOPsy pages on the website to learn about different research opportunities within the department. There are separate pages for collaborative research (labs), internships (including information on internships held by previous students), learning assistant positions, independent study/research, and senior honors thesis.
- The psychology department houses several clubs you can join! If you’re interested in joining Psych Club, email psychclb@tcnj.edu for more info! Or, you can join the Psychology Student Advisory Board. For more information on the Advisory Board, email mccaddek@tcnj.edu.
- The department hosts and promotes various events throughout the semester! Even if you’re enrolled in PSY 97 or 99, all students are welcome to attend! Check the department calendar for a listing of the events. Note that events are added throughout the semester.

Want to Become a Psychology Major?

Submit your application between February 10, 2021 and February 22, 2021

Requirements: Minimum overall GPA of 2.0; completion of PSY 101 with a C+ or higher grade.

How to apply: Read all the instructions and complete the Psychology Major Application found on the Psychology Department website under “Becoming a Psychology Major”.

Psychology Minor: You can fill out a minor form at any time during the semester. Click here for instructions on applying for a minor. Don’t wait until the last minute to complete your minor form!
Steps for Enrolling in Classes

- **Visit the PAWS tutorials for TCNJ students website** for complete information on how to log-in to PAWS, search for classes, browse the Course Catalog, view your Holds, add courses to your Shopping Cart, and register for classes. To view the PAWS Tutorial, [click here](#).

- **View the exact date and time you may register** by visiting the Enrollment Appointment section in the PAWS Student Center. For step-by-step instructions on viewing your Enrollment Appointment, [click here](#).

- **Check PAWS for any HOLDS that will prevent you from registering.** If there is a non-advisor hold on your account, resolve the matter prior to your Enrollment Appointment. For the description of holds, [click here](#). **Internal and external transfer students:** An advising hold will be placed on your record for your first semester ONLY to ensure that you meet with your advisor. This hold will be removed during your advising session.

- **Update your Psychology Major Summary Sheet** (indicating courses already taken).

- **Search for classes and fill your shopping cart.** The Schedule of Classes is available on PAWS. Prepare for registration week by adding courses to your Enrollment Shopping Cart prior to your enrollment appointment. For instructions on how to use your Enrollment Shopping Cart, [click here](#).

- **Check for pre-requisite issues.** You can see if you have met enrollment requirements prior to your enrollment time. The new Validate feature (available in your Shopping Cart) alerts you to any requisite issues that may prevent you from enrolling in a class. For quick tips on using the Validate feature, [click here](#). Resolve pre-requisite issues before registration. If the Validate feature identifies a potential requisite issue, and you are confident that the requisite was met, contact the Office of Records and Registration for assistance. **Did you take a CD grade in spring 2020?** If so, [validate your cart](#) in PAWS after you put together your schedule for spring 2021. If you get a prerequisite error involving a course with a CD grade, you need pre-approval from Dr. Ruddy ([ruddy@tcnj.edu](mailto:ruddy@tcnj.edu)) to override.

- **Meet with your faculty advisor before registering.** Find your advisor in the PAWS Student Center. Request to sign-up for a virtual meeting via the link or email provided next to your advisor’s office hours [https://psychology.tcnj.edu/about/faculty-office-hours/](https://psychology.tcnj.edu/about/faculty-office-hours/) OR you will receive an e-mail from your advisor to sign up for a meeting. When you meet with your advisor, bring your *Psych Major Summary Sheet*, and a list of courses for the upcoming semester.

- **Interested in participating in a lab?** Check [the listings online](#) to see what labs are accepting applications. After you have [read about the Collaborative Research course](#) on the website, [click here](#) to apply.

Please keep in mind for Spring 2021 courses, the modality (i.e., Remote, Flex, or In-person sessions) that currently appears in PAWS may change prior to the start of the semester based on CDC guidelines, State of NJ guidelines, and/or local health conditions.
**Advising Sequence**

**Spring 2021 Advising**

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**Remember to register for the Psychology 4-Year Advising Sequence**

*Double majors and dual majors **ARE** required to complete the advising sequence*

*Internal transfer students **do not** need to complete PSY 96.*

Enroll in the appropriate advising course based on class standing at the time of admission to the Department.

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<table>
<thead>
<tr>
<th>Sophomores should have completed PSY 97</th>
<th>Juniors should have completed PSY 98</th>
<th>Seniors should have completed PSY 99</th>
</tr>
</thead>
<tbody>
<tr>
<td>If they haven't already taken PSY 97 in the Fall, <strong>Sophomores should enroll in PSY 97 for Spring 2021</strong> <em>(see note about PSY 97 below)</em></td>
<td>If they haven't already taken PSY 98 in the Fall, <strong>Juniors should enroll in PSY 98 for Spring 2021</strong> <em>(see note about PSY 98 below)</em></td>
<td>If they haven't already taken PSY 99 in the Fall, <strong>Seniors should enroll in PSY 99 for Spring 2021</strong> <em>(see note about PSY 99 below)</em></td>
</tr>
</tbody>
</table>

**PSY 98 and PSY 99 do not meet regularly.**

Students attend various workshops during the semester to satisfy this advising program’s requirements. **All students are welcome to attend any workshops.**

**97 meets regularly as a quarter class.**

**Students who anticipate an especially busy or difficult junior year** *(for example: Education dual majors who will be student teaching in their junior year, or students studying abroad)*, **should plan to take PSY 97 in their sophomore year and PSY 98 in their junior year.**

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**Class Levels**

<table>
<thead>
<tr>
<th>Class Levels</th>
<th>Class Standing</th>
<th>Earned Course Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>Freshmen or 1st Year:</td>
<td>0.00–7.75</td>
<td></td>
</tr>
<tr>
<td>Sophomore or 2nd Year:</td>
<td>8.00–15.75</td>
<td></td>
</tr>
<tr>
<td>Junior or 3rd Year:</td>
<td>16.0–23.75</td>
<td></td>
</tr>
<tr>
<td>Senior or 4th Year:</td>
<td>24.0+</td>
<td></td>
</tr>
</tbody>
</table>

For advising resources and information, [click here](#).

You can also check out the FAQ page on the HSS website by [clicking here](#).
PSY 299-01: Transforming A Rape Culture
Herres, TF 2:00 PM – 3:20 PM
Prerequisite: PSY 203

Rape culture encourages male sexual aggression and perpetuates violence against women and other vulnerable groups. In this Research Seminar, we will investigate factors that make up a rape culture, such as toxic masculinity (e.g., the belief that sex is violent), misogyny, and homophobia, and consider ways to change these norms to help transform our culture for the better. Students will design a study to change the way others view consensual and nonconsensual sex (i.e., sexual assault), in order to prevent future acts of sexual violence and support victims of sexual violence.

DESIGN: Experimental
ANALYSIS: Quantitative
PROJECT STYLE: Group projects
TOPIC SELECTION: Faculty-directed with student input
DATA SOURCE: PIPER
SPECIALIZATION FIT: Most relevant to Counseling & Clinical, but open to all.

PSY 299-02: Social Determinants of Wellness
Chung, MR 9:30 AM – 10:50 AM ; W 9:00 AM - 9:50 (4th hr.)
Prerequisite: PSY 203

We will explore the effects of contextual factors (e.g., peers, family, community support) on individual adjustment. We will work together to collect and analyze data.

DESIGN: Non-experimental
ANALYSIS: Quantitative
PROJECT STYLE: Group data collection
TOPIC SELECTION: Student selects
DATA SOURCE: PIPER and/or online
SPECIALIZATION FIT: Most relevant to Counseling & Clinical and Developmental, but open to all.

PSY 299-03: Alcohol Studies
Martinetti, TF 11:00 AM— 12:20 PM; W 10:00 AM—10:50 (4th hr.)
Prerequisite: PSY 203

This course will use behavioral economic techniques to examine how price affects alcohol consumption in college students. Students will be trained in behavioral economic theory, quantitative methods, and demand curve analysis. Students will work in teams to lead a class discussion of a published article relevant to our research and perform data analyses on a dataset using a hypothetical alcohol purchase task. Each student will review research methods and statistical knowledge gained in PSY 121 and 203 and write an individually produced, full-length APA-formatted report of the project. This course is a prerequisite for upper-level psychology courses, including all 400-level courses.

DESIGN: Experimental
ANALYSIS: Quantitative
PROJECT STYLE: Group project
TOPIC SELECTION: Faculty-directed with student input
DATA SOURCE: PIPER/student sample (archival data)
SPECIALIZATION FIT: Most relevant for Biopsychology, Counseling/ Clinical, and Social (Health Psych)

EMAIL THE DEPARTMENT:
PSYCDEPT@TCNJ.EDU
PSY 299-04: Intergroup Relations
Wiley, MR 2:00 PM – 3:20 PM
Prerequisite: PSY 203

In this section, students will examine how people regulate their emotions in response to threats to groups to which they belong. We will conduct an experiment as a group and collect data online. We will conduct quantitative analyses of our data. Students will work together on the experiment, but will write their papers independently.

PSY 299-05: Memory & Cognition
Bireta, MR 11:00 AM – 12:20 PM
Prerequisite: PSY 203

This research seminar will focus on memory: why are some things easier to recall than others and what does this tell us about memory? You will learn how to design, conduct, analyze, write up, and present a psychological experiment, gaining some experience with collaborative research, while still retaining individual ownership over your final project. We will develop and refine research ideas together as a class. Then, you will design and create an experiment together with a small group of students. You will collect and analyze data as a group. You will write up a research report in APA style on your own. Finally, you will present your project to your peers. The course relies heavily on what you learned in Methods & Tools of Psychology (PSY121) and Design & Statistical Analysis (PSY203). Completing this course will prepare you for undertaking a more substantial project in your senior capstone (PSY4XX).

DESIGN: Experimental
ANALYSIS: Quantitative
PROJECT STYLE: Group project
TOPIC SELECTION: Student-selected (within a general topic provided by the faculty member)
DATA SOURCE: PIPER
Specialization: Cognitive, Social, Biopsychology

QUESTIONS?
CALL THE OFFICE AT:
609.771.2485
PSY 336-01: Sexual/Gender Minority Mental Health (occasionally)
Borders, MR 12:30 PM – 1:50 PM
Prerequisite: PSY 121 & PSY 216 or PSY 217

This seminar will cover current issues in LGBTQI mental health, including theories of sexual minority stress and identity development, research on mental and physical health in this population, coping and protective factors, and treatments. This course meets for 3 hours per week. It is worth 1 unit (4 credits) because students are assigned additional learning tasks that make the semester’s learning experience more deeply engaged and rigorous.

PSY 316: Applied Behavior Analysis (occasionally)
Schweighardt, W 5:30 PM - 8:20 PM
Prerequisite: PSY 121

Provides a foundation in behavior-analytic theory and explores how behavior-analytic principles are applied to the treatment of such disorders as autism, anxiety disorders, and developmental disabilities. Emphasis will be placed upon experimental design and data collection in applied settings.

PSY 333-01: Cognitive-Behavioral Therapy (annually)
Krauss, W 8:00 AM – 10:50 AM
Prerequisite: PSY 121 & PSY 216 or PSY 217

This course, an introduction to cognitive-behavior therapy, expands upon what you have learned about cognitive and behavior therapy theory and techniques in previous psychology courses. You will learn more about some of the strategies and techniques cognitive-behavioral practitioners use to assess and treat anxiety, including relaxation training, systematic desensitization, assertiveness training, stress management, cognitive restructuring and contingency management. We will also consider important current issues in the profession such as ethics in clinical practice, working with people from diverse backgrounds, the structure of the mental health care system, graduate training

PSY 340-01: Health Psychology
Barnack-Tavlaris, MR 11:00 AM — 12:20 PM
Prerequisite: PSY 121 or ANT 240

Examines how psychological, social, and behavioral factors interact with and affect the success people have in maintaining their health, obtaining medical treatment, coping with stress and pain, and recovering from serious illness.

PSY 342-01: Clinical Psychopharmacology (annually)
Ruddy, MR 9:30 AM – 10:50 AM
Prerequisite: PSY 212

Explores how psychological disorders are influenced by neurotransmitters, hormones, and neurotrophic factors, and by interventions that increase or decrease these chemicals. Clinical disorders will include: depression, anxiety disorders, anorexia/bulimia nervosa, attention deficits, dementia, and schizophrenia. Both intended effects and side effects of drugs will be studied, as well as individual differences in effects (due to genes/environments).
PSY 350-01: Psychology of Women (every semester)
Fogg, T 6:00 PM – 8:50 PM
Prerequisite: PSY 121
Examines the psychology of women in light of biological, social, and cultural influences. A variety of psychological theories and research findings are explored to study the development and behavior of women in various social contexts.

PSY 355: Power, Oppression & Privilege (annually)
Wiley, MR 9:30 AM – 10:50 AM (355-01)
Wiley, MR 12:30 PM — 1:50 PM (355-02)
Prerequisite: PSY 101
This course provides in-depth coverage of social psychology topics including stereotyping, prejudice and privilege, discrimination and advantage, intergroup relations, attributions, social influence, personal self-esteem and collective self-esteem. In addition, this course provides opportunities for students to develop their writing, speaking, and presentation skills.

PSY 360-01 Psychology of Leadership (occasionally)
Dahling, MR 2:00 PM—3:20 PM
Prerequisite: PSY 121 or permission of instructor
This course explores developmental, cognitive, and social psychology perspectives on leadership emergence, development, and effectiveness. Diversity is an important theme in the course, which emphasizes the roles of individual differences such as gender, race, and nationality in leadership processes. Other topics include emotions in leadership, charisma, and abusive or toxic leadership. The material is intended to be accessible and relevant to students regardless of specialization interests.
Economic models typically assume that human decision making is entirely rational, but psychological research demonstrates that our judgments and decisions can be influenced by cognitive limitations and biases as well as social and motivational factors. This course will begin with a brief overview of basic economic principles of decision making and then examine what have come to be called behavioral economic principles that more accurately describe how judgments are reached and decisions are made. We will also explore the consequences of shortcomings of reasoning in important contexts and consider ways to debias judgments and make better decisions.

Students will learn to apply basic social science principles and theories to an understanding of the behavior of consumers. Basic psychological principles (e.g., learning, memory, perception, attitudes, and motivation), as well as sociological and anthropological concepts (e.g., demographics, group dynamics, cultural influences), are explored and then examined in relation to consumption processes and activities used by marketers and public policy actors to influence consumer behavior.

The purpose of this course is to provide students with an in-depth analysis of the study of childhood peer interactions, relationships, and groups. As with any scientific course, this course will include three major things: theory, methodology, and the empirical findings themselves. You will be introduced to the major aspects of peer interaction, relationship, and group research in the cognitive, social, and emotional realms, how they came about, how they advanced the understanding of childhood social development, and the issues associated with each aspect. Like theories, the methods used to study a particular question have both strengths and limitations, making careful consideration of them very important. Lastly, there is what has been learned by developmental scientists over the years. One key element of this class will be examining how well these issues, theories, methods, and primary science findings map onto real-world phenomena and how they can lead to practical applications for scientists and educators. I hope you will take from this course a deeper appreciation of the complexities of social development in childhood, as well as the challenges and rewards of studying it.

Drawing from an interdisciplinary framework (psychology, education, sociology, philosophy, etc.), this course is designed to introduce students to theory and research on racial and ethnic identity development across the life span. We will also explore immigrant, mixed-race, and bicultural identity development. We will spend a considerable amount of time in understanding, dissecting, and extending the theories and methodologies employed in the study of racial and ethnic identity.
PSY 373: C&C Seminar: Personality and Culture (every semester)
Vivona, TF 2:00 PM – 3:20 PM (373-01)
Vivona, TF 3:30 PM—4:50 PM (373-03)
Prerequisite: PSY 121 & PSY 216 or PSY 217

This course expands our understanding of personality theory in two directions. First, we examine the degree to which mainstream personality theory in the US remains rooted in a particular set of cultural values (Western, white, male, etc.) and consider the implications of this focus. Second, we examine both classic and contemporary research into ethnic identity, both within the US and globally, that takes full account of the crucial impact of culture and lived experience. The goal is a fuller and more contextualized understanding of personality/identity.

PSY 373-02 C&C Seminar: Psychology of Personal Growth (every semester)
Zamel, R 5:30 PM – 8:20 PM
Prerequisite: PSY 121 & PSY 216 or PSY 217

The purpose of this course is for students to examine and apply theories of psychology and identity development to gain insight about themselves and other people from diverse groups. Through readings, reflections, discussion, and class activities, this course will explore matters such as personal identity, relational identity, moral behavior, achievement, spirituality and stress-coping, as well as examine the role of social statuses such as gender, social class, race/ethnicity, and sexual orientation in personal development. Students will be required to integrate these larger social issues with psychological concepts and theories, and to synthesize these various elements to analyze their own lives and the life circumstances of others.

PSY 398-01 C&C Field Experience Seminar (every semester)
Borders, MR 9:30 AM – 10:50 AM
Prerequisite: PSY 217

Field experience in a mental health setting, with classroom supervision of the clinical activities. Students interested in counseling or clinical psychology will integrate knowledge from various courses as they apply concepts in a clinical setting. Both an appropriate piece of written work and an oral presentation to the class are required. Students must find their own placements in advance, and faculty approval of the placement is required.

PSY 375-01: Social Seminar: Cross-Cultural Psychology (annually)
Kim-Prieto, TF 11:00 AM—12:20 PM
Prerequisites: PSY 121 and one foundation course

Often, when we learn about psychology, we learn about human emotions, thoughts, and behaviors as if humans exist in blank silos, devoid of society and culture. Cultural psychology and cross-cultural psychology are disciplinary ways for us to think about humans as products of their culture(s). In this course, we will learn about the ways in which our culture influences our psychological ways of being. In doing so, we will also problematize and critique the ways in which different cultures are privileged while others are not.
PSY 419-01: History & Systems of Psychology (occasionally)
Hart, R 5:30 PM – 8:20 PM
Prerequisite: PSY 299

This course will consider how psychology’s goals, methods, and beliefs have evolved throughout its history. As a senior experience, this course will allow students to integrate experiences from various areas of the discipline, to analyze and evaluate psychology’s past and to make recommendations for its future.

PSY 470-01: Senior Topics Study Group (every semester)
Positive Psychology of Happiness
Kim-Prieto, TF 9:30 AM – 10:50 AM
Prerequisite: PSY 299

In this Senior topics course, students will pick a topic within the study with positive psychology for individualized study of theoretical, empirical, or clinical issues through the lens of positive psychology. In this study group, the community of learners will engage in an in-depth exploration of a topic through reading academic journal articles in psychology, discussing and presenting articles, and writing multiple drafts of a major written paper on a topic of positive psychology. Possible topics include goal achievement, affect balance, self-determination, and expressions of gratitude.

PSY 470-02: Senior Topics Study Group (every semester)
Animal-Assisted Interventions
Kirnan, MR 12:30 PM – 1:50 PM
Prerequisite: PSY 299

This senior topics course is designed to examine current research and practices related to animal assisted interventions. Increasingly, claims are made that the introduction of animals into various educational, medical, and care facilities yields physiological, psychological, and social benefits. As a class, we will explore the wide range of AAs ranging from literacy dogs who aid struggling readers to equine therapy for veterans combating PTSD. We will draw from the research and critical thinking skills developed in PSY121 and PSY299 in our examination of the practices, claims, scientific evidence, and research challenges of this topic. Each student will select one area for their focused research project and will advance the understanding of the rest of the class on that topic through the sharing scholarly articles and additional class discussion. Students will develop their scientific writing and skills through intensive writing assignments.
## Spring 2021 Lab Recruitment

Interested in joining a lab? Below is the list of recruiting labs for Spring 2021.

<table>
<thead>
<tr>
<th>Lab</th>
<th>Professor</th>
<th>Notes / Special Requests</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alcohol Lab</td>
<td>Dr. Martinetti</td>
<td></td>
</tr>
<tr>
<td>Cognitive Development Lab</td>
<td>Dr. Stahl</td>
<td></td>
</tr>
<tr>
<td>Emotion Lab</td>
<td>Dr. Kim-Prieto</td>
<td></td>
</tr>
<tr>
<td>ERP Lab</td>
<td>Dr. Leynes</td>
<td><a href="https://erplab.pages.tcnj.edu/research-opportunities/">https://erplab.pages.tcnj.edu/research-opportunities/</a></td>
</tr>
<tr>
<td>Identity Development across the African Diaspora (IDAD) Lab</td>
<td>Dr. Onyewuenyi</td>
<td></td>
</tr>
<tr>
<td>Infant/Child Lab</td>
<td>Dr. Ruddy</td>
<td></td>
</tr>
<tr>
<td>Memory and Aging Lab</td>
<td>Dr. Bireta</td>
<td></td>
</tr>
<tr>
<td>MISC Lab</td>
<td>Dr. Grimm</td>
<td></td>
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<tr>
<td>Organizational Psychology Lab</td>
<td>Dr. Dahling</td>
<td></td>
</tr>
<tr>
<td>Political Psychology Lab</td>
<td>Dr. Crawford</td>
<td></td>
</tr>
<tr>
<td>Quantitative Psychology Lab</td>
<td>Dr. Ruscio</td>
<td>Would like to recruit one student who’d be interested in working on a research project involving statistical modeling of NFL game data</td>
</tr>
<tr>
<td>REACH Lab</td>
<td>Dr. Chung</td>
<td></td>
</tr>
<tr>
<td>Reproductive and Sexual Health Lab</td>
<td>Dr. Barnack-Tavlaris</td>
<td></td>
</tr>
<tr>
<td>Romantic Relationships (RRR) Lab</td>
<td>Dr. Feiring</td>
<td></td>
</tr>
<tr>
<td>Social Change and Collective Identity (SCID) Lab</td>
<td>Dr. Wiley</td>
<td>Interested in students with Spanish-speaking skills</td>
</tr>
<tr>
<td>Social and Emotional Development (SED) Lab</td>
<td>Dr. Graham</td>
<td></td>
</tr>
<tr>
<td>TAP Lab</td>
<td>Dr. Kirnan</td>
<td>Minimal recruitment</td>
</tr>
</tbody>
</table>

For more information about how to apply, click here.
PSY 101-01: General Psychology  
Bireta, R 9:00 AM—12:30 PM

Psychology Core Course. Introduction to major topics in psychology, including biopsychology, development, cognition, counseling-clinical psychology, social psychology, and psychology in industrial/organizational settings.

PSY 203-01: Design and Statistical Analysis  
Herres, TR 10:30 AM – 12:00 PM
Prerequisite: PSY 121

Psychology Core Course. The purpose of this course is to bridge basic knowledge of scientific inquiry, gained through PSY 121: 'Methods and Tools', and more complex applications of scientific inquiry, which is the major goal of PSY 299: 'Research Seminar'. This course will provide knowledge of basic designs, design issues, data analysis including theoretical and practical knowledge, and communication/interpretation of results.

PSY 299-01: Best Practices in Social Psychology  
Crawford, MWF 9:00 AM- 12:00 PM  
Prerequisite: PSY 203

Psychology has recently faced a crisis of confidence due to several developments, including but not limited to fraud, poor research practices, and an inability to replicate results. This 299 seminar will focus on understanding the sources of this crisis, training in better methodological and statistical practices, identifying studies that are good candidates for replication, and attempting to replicate those studies.  
**DESIGN:** correlational and/or experimental (various projects, so possibility of various designs)  
**ANALYSIS:** quantitative  
**PROJECT STYLE:** group project  
**TOPIC SELECTION:** student-chosen, with faculty direction  
**DATA SOURCE:** TCNJ, online, and archival  
**SPECIALIZATION:** social; cognitive